

27 May, 2009.

Athletes and Parents

We are about to launch the new look academy for 2009-2010.

Steve Wagner has been appointed Academy Head Coach so hopefully all players can get behind Steve and work to achieving results.

Some changes will be made to the program this year, including the introduction of levels within the squad.

Some players may remain at the base level while some of the new players assessed at the camp may jump a level.

These levels will be determined through:

- (a) Testing - Please note that some new tests have been introduced to measure athlete performance.
- (b) Interview – Attitude is everything in athlete development, you must be prepared to work hard and work towards a goal.
- (c) Motivation.

Athletes will work to a program that has been developed primarily with their home association.

Every 6 weeks the whole group will come together to measure and assess development. Results will be forwarded to Qld Softball for review by coaching committee and performance manager.

This year a senior group will be brought into the Academy by invitation. Most of these players have previously been identified and or selected by Qld Softball into development teams and squads and have not attained the age of 17 years as of 31 December 2009.

It will be up to the athletes to demonstrate the level they will be selected in, based on their individual performance and selection.

Existing academy players are at an advantage to some extent as they fully understand what is before them. If they want to strive towards a higher level, they should realise their personal strengths and weaknesses and work to develop in these areas. For example if you know you need to improve your running speed, you need to take responsibility for improving this aspect of your game. No one imagines that achieving this is an easy task but you know your capabilities and if you want to make a Qld team you must not only work hard but be motivated and focused on achieving this goal, even then there is no guarantee. You certainly should not leave this to the day before the camp or the day before the state championships. Don't forget every player from every association in the state wants that state team, what are you prepared to give to get there.

The cost for the academy this year is \$170. Please find forms relevant to the camp attached. A full program is being processed and will be forwarded with registration.

The camp this year will be Currumundi fitness camp on the Sunshine Coast commencing 4pm on Friday the 26<sup>th</sup> of June and finishing at 3pm on Sunday the 28<sup>th</sup> of June 2009.

Please complete the registration form and return with payment by 10 June 2009, to:

The Administrator  
North Coast Regional Softball Academy  
8 Cammeray Place  
Mango Hill

This year we have appointed a treasurer who will forward a receipt to you upon processing payment.

If you have any problems please let me know. Please note we are using same forms as last year, please complete again even if contents have not changed.

Good luck and hopefully we will see everyone at the camp.

Yours In Softball

Mark Mawn  
Qld Softball – North Coast Regional Softball Academy